



## Indoor Sports COVID-19 Guidelines

### Guidelines and Modifications

Category	Guidelines and Modifications
General	<ul style="list-style-type: none"> <li>• All requirements to be shared with players and umpires prior to first game.</li> <li>• Players must certify having read and understood guidelines and rules prior to first game through the registration process.</li> <li>• Players are required to adhere to the guidelines of the facility in which they are playing.</li> <li>• Players must follow all guidelines set forth at the facility they are playing in.</li> </ul>
Game Rules	<ul style="list-style-type: none"> <li>• All officials and players must adhere to six-foot social distancing.</li> <li>• Courtesy time is reduced to 5 minutes after scheduled game start time.</li> <li>• No sharing of equipment between teams is permitted.</li> </ul>
Players	<ul style="list-style-type: none"> <li>• Players must adhere to six-foot social distancing at all times while inside the facility</li> <li>• Players must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. *</li> <li>• Players should follow all facility requirements for masks</li> <li>• Players must be registered on the active team roster on League Lab.</li> <li>• Players must show ID upon arrival to the facility. Any player not on the roster will not be allowed to play.               <ul style="list-style-type: none"> <li>• Acceptable forms of ID can be anything with your name that proves you match the name on the roster.</li> </ul> </li> <li>• Players are encouraged to sanitize with provided sanitizer upon arrival to the facility as well as anytime they come into contact with playing equipment.</li> <li>• Players must bring and use their own water and water bottle. No team water coolers or shared drinking stations are permitted.</li> <li>• Whenever possible, equipment and personal items should have proper separation and should not be shared amongst team players. If equipment must be shared within a team, proper sanitation should be administered between players.</li> <li>• Players should adhere to the “No Touch Rule” by refraining from high fives, handshake lines, and other physical contact with teammates, opposing players, and umpires. A “tip of the cap” can be used following the game in lieu of handshakes.</li> <li>• If a player develops symptoms while at a game, the player must immediately</li> </ul>

	isolate and/or seek medical care.
Officials	<ul style="list-style-type: none"> <li>• Officials must adhere to six-foot social distancing at all times while inside the facility.</li> <li>• Officials must conduct daily symptom assessment. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. *</li> <li>• Officials should follow all facility requirements for masks</li> <li>• If an official develops symptoms while at a game, the official must immediately isolate and/or seek medical care.</li> </ul>
Arrival to Facility	<ul style="list-style-type: none"> <li>• Players and officials must adhere to six-foot social distancing at all times while inside the facility.</li> <li>• Players and officials must conduct a daily symptom assessment prior to arriving at field. Anyone experiencing symptoms or has come into contact with someone who has tested positive for COVID-19 in the last 10 days must stay home. *</li> <li>• Players and officials are strongly recommended to travel to the games alone or with a member(s) of their immediate family / household.</li> <li>• Players and officials are encouraged to sanitize using hand sanitizer provided upon arrival.</li> </ul>
Leaving the Field	<ul style="list-style-type: none"> <li>• Players must maintain social distance when congregating in common areas or parking lot following the game.</li> <li>• Players should be mindful of the spaces needed for the teams whose games are in progress and leave space for arriving teams to safely prepare for their games.</li> </ul>

\*Per the CDC, symptoms include cough, shortness of breath or difficulty breathing, fever, chills, muscle pain, sore throat, and new loss of taste or smell.